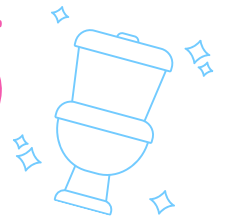




# Toileting Skills Guide for ages 1-5



What you can expect in the first 5 years of your child's life regarding toileting skills to help them be more independent:

## 1 year of age

- Shows discomfort when wet or dirty diaper
- Regular bowel movement

## 24 months of age:

- Begin to show interest in toileting
- Regular urinating
- Stay dry for 2 hours or more
- Flush toilet independently

## 3 years of age:

- Goes to the bathroom independently
- May need help with wiping after bowel movement
- Need help with fasteners and some clothing management

## 18 months of age:

- Can sit on toilet with supervision
- Regular bowel movement by 18 months

## 24-36 months of age:

- Tells someone to go to the bathroom
- Can be on a regular toileting schedule
- May need reminders to use the restroom
- Can wipe self after urinating
- Wakes up dry at night
- Rarely has bowel accident

## 4-5 years of age

- Independent with toileting and tearing toilet papers
- Independent with flushing, wiping, washing hands and manage clothes

